

The Happy

# WHISPERER

Newsletter. Issue 5

May 2019



## Volunteer “Thank You” Afternoon Tea

Come along and help us say “Thank you” to our wonderful group of volunteers and show our appreciation for everything they do!  
Thursday 23rd May at 2pm  
Pastoria/Sidonia Dining Room

Residents Activity Meeting  
Tuesday 7<sup>th</sup> May at 1.15pm  
Barfold Cosy Retreat  
All Welcome!

RM Begg Kyneton Aged Care Inc. 27-35 Epping Street, Kyneton, VIC 3444.

E. [admin@raymbegg.org.au](mailto:admin@raymbegg.org.au). Ph. 03 5422 2417.

Opening Hours: Monday to Friday: 9am to 5pm.



**R.M BEGG KYNETON AGED CARE**

# ***Mother's Day Stall***

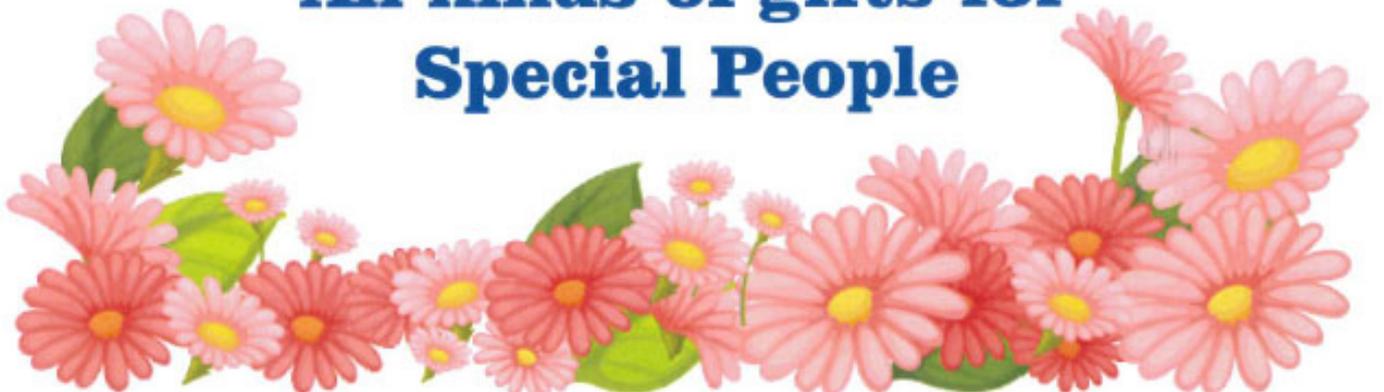
**Saturday May 4th 2019**

**9am till 12 noon**

**To be held at:**

**R.M. Begg Aged Care Homes  
27-35 Epping Street,  
Kyneton**

**All kinds of gifts for  
Special People**



## Podiatrist visits Tuesday 14th & 21st May

*Sunday Evening Church Service 6pm*

*5th: Glenys & Ken Simpson with music by Marj Williams*

*12th: John Ruth Green with music by Dan MacDonald & family*

*19th: Sonia & Ray Keane with music Ruth Williams*

*26th: Ron Sims with music by John Boyd*

# SPECIAL EVENTS

Fri 3rd: RSL Lunch outing (limited seats) Bus leaving 11.30am.

Wed 8th: International Day celebration of nations.

Wed 8th: Laurie and his piano accordion. Barfold 10.45am.

Thurs 9th: Mens BBQ Langley 11.45am.

Tom Martin musician Sidonia 2pm.

Fri 10th: Mother's Day High Tea and entertainment "The Crooners"

Sidonia 2pm.

Sun 12th: Happy Mother's Day to all our Mums!

Thurs 16th: Whole facility BBQ served in each dining room 12pm.

Fri 17th: RSL Lunch outing (limited seats) Bus leaving 11.30am.

Tues 21st: Our Lady of Rosary school children orientation. 2pm.

Wed 22nd: Photography Presentation by Jo, Boardroom. 10.45am.

Thurs 23rd: Volunteers "Thank You" afternoon tea Sidonia 2pm.

Fri 24th: Drive in the bus (weather permitting) Limited seats 1.30pm.

Tues 28th: Our Lady of Rosary school children visit Barfold 2pm.

Thurs 30th Buildings of the town Tour (Group Two). Bus leaving 1.30pm.

Fri 31st : Out for afternoon tea (location TBA) Limited seats. Bus leaving 1.30pm.

## CONCERT BY BOB HUTCHISON

*By Mollymac-Cobaw*

Bob entertained us on 11<sup>th</sup> April, there was a large audience and he was greatly appreciated. He has a magnificent voice and his guitar work was top of the line. I'm sure he must have been a choir boy in his younger days as he had a very wide range in his songs and he did hit a very high note that kind of worried me!!

He did a lot of our favourites, Stand by me, Hound Dog, Blue Moon, and LA,LA,LA,LA,LA which was chorused by everyone!!

We all sang along with him and had a great afternoon. We all hope he will visit us again soon .

# Welcome!

We welcome new resident Mrs Connie Duffy.  
Hope you are settling in well.

We also welcome new staff members Angela Monteleone, Deneve Stratford  
& Naomi Forster.

We hope you all enjoy working with the great team at RMB!

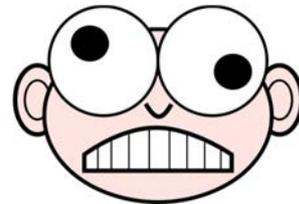
## FIFTY SHADES OF GREY FOR SENIORS

*Submitted by Mollymac-Cobaw*

Back and forth -in and out- in and out, a little to the right. A little to the left, she could feel the sweat on her forehead, between her breasts---and trickling down the small of her back----she was getting near to the end.

He was in ecstasy with a huge smile on his face as his wife moved forwards then-----backwards, forwards--then backwards----again and again.

Her heart was pounding now and her face was flushed, she moaned softly at first then began to groan louder-----finally----totally exhausted---she let out a piercing scream-----“OK. OK. You smug bastard. I can't parallel park. YOU DO IT!!”



## TOM MARTINS CONCERT

*By Mollymac-Cobaw*

Tom visited us on the 10th April there was a large attendance of residents and visitors.

He asked us to choose the songs and then played them and the audience sang beautifully.

We thank Tom for making the time to come and entertain us so we can sing our hearts out!!



# AEC

**Australian Electoral Commission**

AEC will hold a mobile polling booth for the Federal Election at RM Begg on Thursday 9th May from 9am – 5pm.

## HISTORIC TOWNS – No 3

*By Wilma Johnson-Cobaw*

Our series on Historic Towns around Kyneton given by Jim Aldous continued on March 21<sup>st</sup>. This also coincided with Harmony Day which gave Jim the perfect chance to acknowledge the three aboriginal tribes that originally owned land in the Kyneton district. The theme for Harmony Day is ‘Everybody Belongs’. Betty Young read a quote from Nelson Mandela proclaiming loving comes naturally but people have to be taught to hate.

Jim then told us about various small towns around Kyneton starting with Malmsbury, 11 kms from Kyneton. European settlement started in 1859 following discovery of gold in the district. It was a very thriving settlement with many solid buildings made from local bluestone, and a Botanic Gardens established. Betty Young and Wilma Saunders remember when the town had Hoopell’s Store, a post office, butcher, green grocer, Mechanic’s Hall, White’s grocery, newsagent, Catholic, Methodist, Anglican, Presbyterian churches, a police station and a hotel.

Carlsruhe had a population of 456 in 2011. It was founded in 1837 when Charles Ebdon became the first pastoralist across the Murray River from N.S.W in 1836. He built Carlsruhe Station in 1937 which he named after a town in Germany where he had studied. I wonder if he used German pronunciation which sounds like a gargle? “Carlesroo” is good enough for us these days. He didn’t stay long at Carlsruhe, retiring to Melbourne in 1840 where he speculated in real estate. He died in 1867 leaving an estate valued at 160,000 pounds – worth millions of dollars now. The grave of a policeman shot by bushranger Ned Kelly is at Carlsruhe.

Lauriston had a population of 236 in 2016. A post office was established there in 1864 after gold was discovered. It was closed in 1969. The reservoir was established in 1938-41.

Tylden had 535 inhabitants in 2006. It had its own post office from 1860. In recent years Woodside Park Stud was established at a cost of \$20,000,000 but I understand it has had financial problems.

Many thanks to Jim for all the hard work you are putting in to make this subject so interesting.



### **MAYBE TOMORRO By Iris Hesselden.**

*Submitted by Mollymac-Cobaw*

We all need hope to light our lives  
when things are going wrong,  
to let a little sunshine in,  
place in our hearts a song.  
With friendship, laughter, love and joy,  
each one a precious gift,  
maybe tomorrow things will change,  
and give our lives a lift.  
Sometimes the road ahead looks steep;  
It’s hard to find the way,  
But holding fast to hopes and dreams,  
Step forward, come what may.  
So if today looks grey and dull.  
Still keep those words within,  
“Maybe tomorrow”, who can tell?  
and let new hope begin!

### **HOPPING MAD**

*By Wilma Johnson-Cobaw*

There was consternation at the hairdressing salon on Friday 29<sup>th</sup> March with no sign of our hairdresser Doreen or any activity in what is usually a busy scene. Was she sick? Had she forgotten?

Had we mistaken the day? The answer was far more dramatic!

Doreen had hit a kangaroo, or rather a large kangaroo had raced across the road and hit her car, damaging the radiator. Poor Doreen had to wait 2 ½ hours for assistance but finally, and very kindly came to work to perform her usual magic. Many thanks for your dedication Doreen.





### Residents

- 1st: Frank Land
- 2nd: Stanley Graham
- 4th: Jean Quelch
- 5th: Ron McKenzie
- 14th: Keith Anderson
- 29th: Brian Officer

### Staff

- 1st: Deborah Bosman
- 3rd: Di Wheeler
- 4th: Sharon Parker
- 6th: Chantelle Sciberras
- 6th: Jasmine Sciberras
- 14th: Sue Dingle
- 17th: Bryan Jones
- 17th: Wendy Withers
- 18th: Amanda Miranda
- 19th: Heidi Simmins
- 19th: Elle White
- 23rd: Bry Matheson
- 23rd: Ian Powell
- 24th: Denise Connors
- 31st: Maria Munoz

### **An Essay from 1937**

*By Betty Young-Cobaw*

**Preface-** Betty's parents had not had a holiday break from the farm for 7 years so chose to go on this cruise BUT she had to get permission to be away from school – the proviso was – she had to write an essay on her trip to share with the less fortunate children left at home to go to school. Betty Young was 10 years old when she wrote this essay about her cruise on a boat en route to Brisbane.

We arrived in Brisbane at ½ past 6 on Monday morning and had breakfast and went for a walk down the streets. After that we took a taxi and went for a drive round Brisbane. We went and saw the new Women's Hospital which was only opened last week. About ½ past 10 we went to the Brisbane Gardens and saw some lovely flowers and monkeys, emus and many different sorts of birds. We saw some banana trees in the gardens. We pulled out from Brisbane at 5 o'clock and went out under the new bridge that they are building. It is very much like the Sydney Harbour Bridge but not as long. The men on the boat said it would take 2 years to complete it. When we were going down the Brisbane River the New Zealand Star was in dock. Just as we were going down the Brisbane River there were more houses built off the ground than right in Brisbane. The houses are built off the ground because it is so hot and so many white ants they have to keep them up from the ground. We had 40 people aboard when we left Brisbane. We saw nothing more until we got to Newcastle.

### Flowers

Fresh flowers are lovely for residents but please be aware that flowers with strong fragrances can trigger allergies in residents and staff and will have to be removed from rooms if this happens.

## **A PERFECT DAY**

*By Wilma Johnson-Cobaw*

April 1<sup>st</sup> proved to be a perfect autumn day for a coach load of residents to board “Geoff” for a visit to CEO Sarah’s property and its fourteen Hereford calves at Greenhill.

Amanda was at the wheel and Jim Aldous came along to keep us in order.

We headed out of Kyneton along the Metcalfe Road, passing Jim’s land, and managed to catch a quick glimpse of the camels opposite – not something one expects to see in Kyneton. We also saw the historic windmill Farm, now in the process of restoration. As we approached Greenhill we were in the district of drystone fences. There must be miles of them in varying stages of repair, representing countless hours of hard work on the part of the pioneers in the area. We turned into an unmade road and came to our destination – a lovely old bluestone cottage with a well-designed extension, and a stable and barn of bluestone – again displaying the skill of the old workmen.

Sarah and her friend Jan were there to greet us in the sturdy steel pipe stock yards – no risk of splinters here! She had postponed feeding the eighteen Herefords with their fourteen calves until we arrived so the cattle were eager to take advantage of the tasty green-tinged fodder on offer. Some of the older calves munched away too while the younger calves preferred a milk diet.

After she had fed the cattle Sarah, helped by Jan regaled us with tea or coffee and an assortment of cakes and biscuits, and then we drove around to the front of the property to take in the magnificent scenery with its majestic trees (some of which looked if they would have been full grown when the property was established in 1859) and the Black Hills. In the distance we could see Mt. Macedon. A breathtaking vista to wake up to in the morning.

Sarah also showed us the newly built section of drystone fencing her brother Huntly had constructed at the entrance to her property – a triumph of hand and eye coordination. All too soon it was time to set off but our return trip was not without its share of drama. As Amanda carefully negotiated the narrow, bumpy road past the farm, we encountered a fully laden feed truck headed straight towards us. We held our collective breaths and “Geoff” managed to tiptoe round the truck so we escaped without a scratch!

After that our trip was uneventful but extremely picturesque, Hawthorn berries flamed from the side of the road. We passed several working windmills, alpacas in one paddock, Bev Coutts’ old house, and the Kyneton Airfield.

We thank Sarah for her hospitality and Amanda and Jim for organising such a thoroughly enjoyable day.

## **WHAT CHILDREN SAY**

*By Wilma Johnson –Cobaw*

Mention of seeing Alpacas on our outing to Greenhill reminds me of a funny story. Some dozen years ago my daughter and her husband were living in Lancefield with their daughter Manon who was almost four. The people across the road from them were breeding alpacas. “That’s a funny kind of sheep” said her country-bred grandfather.

Manon answered in a worldly-wise voice:

“They’re called ‘ALPADOCKERS’ Pop” and to us they have been ‘alpaddockers’ ever since!

## **THE TWILIGHTERS VISITED**

*By Bev Coutts-Pastoria*

Our old friends the Twilighters entertained a very appreciative audience at RMB. World War one songs were interspersed with memories of Weary Dunlop, letters from the Front and many more. We, the audience knew all the songs, and joined in. The song list of 10 items ranged from “I’ll be seeing you”, “Nursie Nursie”, “Bless ‘em all”, finishing with “Lilli Marlene” & “Quarter Masters Store” and finally “Now is the Hour”. A sincere thank you on behalf of the residents to the Twilighters was made by Bev Coutts.

## MISTRESS OF HEARTS AND AIRWAVES

**GWEN MEREDITH 1907 – 2006.**

*Submitted by Mollymac-Cobaw*



**(Above) Gwen Meredith 1907-2006**

Gwen was the much loved creator of the ABC's epic radio serial BLUE HILLS, was chosen for the role by her audience. When she entered an ABC play competition in 1940, the judges did not select her as the winner - but a listeners' poll did. This special ability was the reason she was chosen to create the ABC's new radio serial in 1944.

That serial was "The Lawson's" a drama about a Farming family. Hugely popular, it ran until 1949, when it was replaced by the long run-

ning "Blue Hills". Meredith's skill in creating authentic and compelling drama of rural life saw her write her way into the daily lives, and hearts, of thousands of Australian's.

Gwen was born in Orange, then moved to Sydney. She attended Sydney Girl's High, then did a bachelor of arts at Sydney University in 1929.

In 1932, Meredith started the Chelsea Book Club, soon expanding it to include a drama club that performed her earliest plays, including the witty and sophisticated "Wives Have Their Uses". At the same time she began to work as a radio writer. Her ability to capture the mood and tone of "ordinary" people was reflected in her work on the "Everybody's" for 2GB.

Gwen married Ainsworth Harrison in 1938, he travelled around Australia with Meredith and they had numerous overseas trips.

They wrote in 1955 travelogue about Russian guards, Turkish Taxi drivers, Arab police and Indian prohibition.

Meredith's big break came in 1943 when ABC asked her to produce an educational serial for Country Hour this covered rural life during the war and new farming methods. "The Lawsons" Debuted in February 1944. If the Lawsons made Meredith famous Blue Hills made her a legend. It ran for 27years, until 1976, 5795 episodes. She was very popular with all her audiences, and in 1967 was awarded an MBE then an OBE in 1977.

Meredith retired after the final showing of Blue Hills in 1976.

She and her husband moved to the Southern Highlands.

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## SAYINGS OF SOPHIE

*By Kay Ford-Pastoria*

Recently Sophie went to the local Health Nurse for her three year old check up.

She knew all her colours and shapes, then the Nurse asked Sophie's Mother "How is her speech? Is she talking much?"

Sophie said "I never stop talking!"

There are Bats in ceiling of 3 year old Sophie's house. One evening she said "Listen Mum – they are Batting again!"



## **A POTTED HISTORY OF MOTHER'S DAY**

On Sunday May 12th many Australians will spend the day celebrating their mothers and other special women in their lives.

Some mums may be given cards, flowers and gifts, while others may enjoy breakfast in bed or a lunch out.

Mother's Day has long been a part of the Australian calendar, but where did the idea to dedicate the second Sunday in May to Honouring motherhood come from?

The modern Australian celebration of Mother's Day actually grew out of calls for peace and anti-war campaigns following the American Civil War (1861-65).

In 1870, American writer and women's rights activist Julia Ward Howe, best known as the author of the Battle Hymn of the Republic, appealed to women to unite and bring peace throughout the world (later known as the Mother's Day Proclamation).

She proposed that a mother's day for peace be commemorated every year in June.

But the idea of a mother's day did not gain traction until 1908, when West Virginia woman Anna Marie Jarvis held a church memorial to honour the legacy of her mother, Ann Reeves Jarvis.

Ann Jarvis had been a peace activist who nursed wounded soldiers during the Civil War and created mother's day work clubs to address public health issues.

Anna Jarvis wanted to continue her mother's work and pushed to have a day set aside to honour all mothers.

In 1914 her campaigning paid off, when US president Woodrow Wilson officially declared the second Sunday in May to be Mother's Day.

"The impact of the Civil War was still there ... and there was also a rising concern that America might find itself involved in another war, particularly given what was happening in Europe," said Richard Waterhouse, emeritus professor of Australian history at Sydney University.

### **Mother's Day in Australia**

But it was not until 1924, following the losses of World War I, that Mother's Day was first held in Australia.

Sydney woman Janet Heyden started the tradition after becoming concerned for the lonely, forgotten aged mothers at Newington State Hospital where she regularly visited a friend.

She successfully campaigned for local schools and businesses to donate gifts to the ladies.

"There were so many mothers who were no longer mothers, so many wives who were now widowed because of WW1, and there were also so many women who never had the prospect of becoming mothers or wives because a whole generation had been wiped out in the trenches of the Western Front," Professor Waterhouse said.

"There was this mood for Mother's Day, and the American Mother's Day fitted better than other mother's days that were celebrated in other countries."

### **Commercialisation of Mother's Day**

It was during the 1920s that Mother's Day became commercialised in the United States, with card companies like Hallmark and florists marketing gifts.

Anna Jarvis was outraged and spent the rest of her life campaigning against the commercialisation of Mother's Day, dying penniless and in a state of dementia in a sanatorium in 1948.

"Mother's Day was part of a very consumer society which America had become in the 1920s and it was very quickly adopted in Australia as well," Professor Waterhouse said.

Today, Mother's Day is a billion-dollar industry in Australia.

### **A time for family reunions**

While Mother's Day initially began to promote peace and support women, over the years it has become an occasion for family reunions in Australia.

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"It's not just about recognising the role of mothers, though that's still there, but it's really recognising Mother's Day as a day in which families can get together," Professor Waterhouse said.

"That's becoming increasingly important because in the busy world in which we live, families don't get together as much as they used to."

Today, Mother's Day is a day for all women.

"It's no longer linked to a particular set of values and a particular view of the role of women," the professor said.

"It has a kind of universal appeal and a cross-cultural appeal so that it can appeal to all ethnic groups in Australia."

And for those wondering about the origins of Father's Day?

"It was basically made up to balance Mother's Day," Professor Waterhouse said.

"Mother's Day was designed to give women greater moral authority and recognition; men's authority at that stage was unchallenged.

"Father's Day was really a kind of a counter to Mother's Day and to some extent a commercial decision."

ABC Australia

*Two children ordered their mother to stay in bed one Mother's Day morning. As she lay there looking forward to breakfast in bed, the smell of bacon floated up from the kitchen. But after a good long wait she finally went downstairs to investigate. She found them both sitting at the table eating bacon and eggs. "As a surprise for Mother's Day," one explained, "We decided to cook our own breakfast."*

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### **AN ODE BY LAURA DING-EDWARDS**

*Submitted by Mollymac-Cobaw*

If the mountain seems too big today then climb a hill instead  
if the morning brings you sadness it's OK to stay in bed  
If the day ahead weighs heavy and your plans feel like a curse  
there's no shame in rearranging don't make yourself feel worse  
if a shower stings like needles and a bath feels like you'll drown  
if you haven't washed your hair for days don't throw away your crown  
a day is not a lifetime a rest is not defeat don't think of it as failure  
just a quiet, kind retreat it's ok to take a moment from an anxious mind  
the world will not stop turning while you get realigned  
the mountain will still be there when you want to try again  
you can climb it in your own time and love yourself till then.



# Cat

Find and circle all of the words that are hidden in the grid.  
The words may be hidden in any direction.

T T U W W H I S K E R S S  
S O A T K K S Y E K T S E  
C C T I H I H P L L W T I  
R H I I L T T I E A Y E R  
A X S T L P M T L E L T P  
T S O A A U W C E C L E R  
C P E B B R A O R N R S Y  
H T H B R R R O E T S O A  
S O Y A I E U E X M H H P  
W H R L A C T E C N U O P  
A A R A H E I T D O O F I  
P E U H W M O A I O K Y S  
R W F S A G I L E L K I P

AGILE

CLAWS

CROUCH

FOOD

FURRY

HAIRBALL

HISS

KITTENS

LITTER BOX

MEOW

MILK

PAWS

POUNCE

PURR

SCRATCH

SLEEP

STEALTHY

TAIL

WHISKERS

## ON THIS DAY..... MAY

- 1<sup>st</sup>** – The first 10 shilling note is printed in 1913.
- 7<sup>th</sup>** – Australia's Coat of Arms was granted in 1908.
- 7<sup>th</sup>** – Australian author Peter Carey was born in 1943.
- 13<sup>th</sup>** – The very first convict transport ship left England to establish a Colony in Australia in 1787. 750 convicts were on board.
- 14<sup>th</sup>** – The first Australian \$1.00 coin was placed into circulation in 1984 replacing the \$1.00 note.
- 16<sup>th</sup>** – Alec Campbell, the last ANZAC died in 2002, aged 103.
- 17<sup>th</sup>** – The Royal Australian Doctor service makes its first flight from Cloncurry, Qld, in 1928.
- 19<sup>th</sup>** – Dame Nellie Melba was born on this day in 1861.
- 20<sup>th</sup>** – Copper was discovered in Cloncurry, Qld, in 1867. This was the beginning of the Great Australian Copper Mine.
- 21<sup>st</sup>** – Advance Australia Fair was selected as our new National Anthem, replacing God Save The Queen in 1977.
- 26<sup>th</sup>** – Legendary actor John Wayne was born in 1907.
- 29<sup>th</sup>** – The first Australian \$5.00 note was introduced in 1967.
- 30<sup>th</sup>** – Artist painter Pro Hart was born on this day in 1928.
- 30<sup>th</sup>** – The first Cadbury Dairy Milk chocolate was produced in Claremont, Tasmania in 1928.



**Há, Há, Há...**

A little girl asked her mum, "How did the human race appear?"

Mum answered, "God made Adam and Eve and they had children, and so was all mankind made ..."

Two days later the girl asked her Dad the same question.

Dad answered, "Many years ago there were monkeys from which the human race evolved."

The confused girl returned to her mum and said, "Mum, how is it possible that you told me the human race was created by God, and Dad said they developed from monkeys?"

The mother answered, "Well, dear, it is very simple. I told you about my side of the family and your father told you about his!"

*Why is Mother's Day before Father's Day?  
So the kids can spend all their Christmas money on Mum.*

**Son: When is Mother's Day Dad?**

**Dad wearily unplugging the vacuum, "Every day son, every day."**

*Definition: Jumper – something you wear when your mother gets cold.*

**Son: "Mum, stop making jokes you're not funny."**

**Mum: "I made you."**

*What three words solves Dad's every problem?*

*Ask your mother.*

**What's the hardest thing your mother makes you swallow?**

**The fact they're always right.**

**How many  
do you remember?**



# Oliver Twist

Find and circle all of the words and names from *Oliver Twist*.  
The remaining letters spell the title of the first chapter of *Oliver Twist*.

D T R E A E E N I W D E B S R M S N E K C I D  
L T A S L L I O Y G F L M T E H E L P U L A C  
E R E G D O D L R L O D F R E K B W N R T H E  
I R S A N E N I Y S L E R T S M I D O O H L S  
F I E Y V E M D B A I A E O U M E S B S A T U  
M B T E E W S E O H M K S B F R A Y R E O A R  
A T A W I N R F C N C Y E D T E C N I M N O G  
G S B G D N R R L O M S R A L R E T N A W C E  
A Y Y S E O E O P E U A K R A O C L S Y F T O  
B T E O B K C K C O M E G C A W N R W L F S N  
R O L N D L C T H S R I K I I H A N O I U I A  
E M R N R I A K O C R I N L S A T N L E D A N  
T C A S P A R T O R T M L G D T I F L O S W C  
L H H B F O B U H T H O U S E B R E A K E R Y  
O I C U W H R E C E G N A F R M E A G G L I R  
B T O L C T S I W T R E V I L O H U T M I S T  
C L R L P I S T O L A S N C M O N K S E G N E  
O I P S S B R O W N L O W A T T I L O C K E T  
A N H E G R U E L S O W E R B E R R Y E N D I  
C G A Y N S N I K B M I L G H B R I T T L E S  
H I N E S B I R C H A R L O T T E T H L I A J

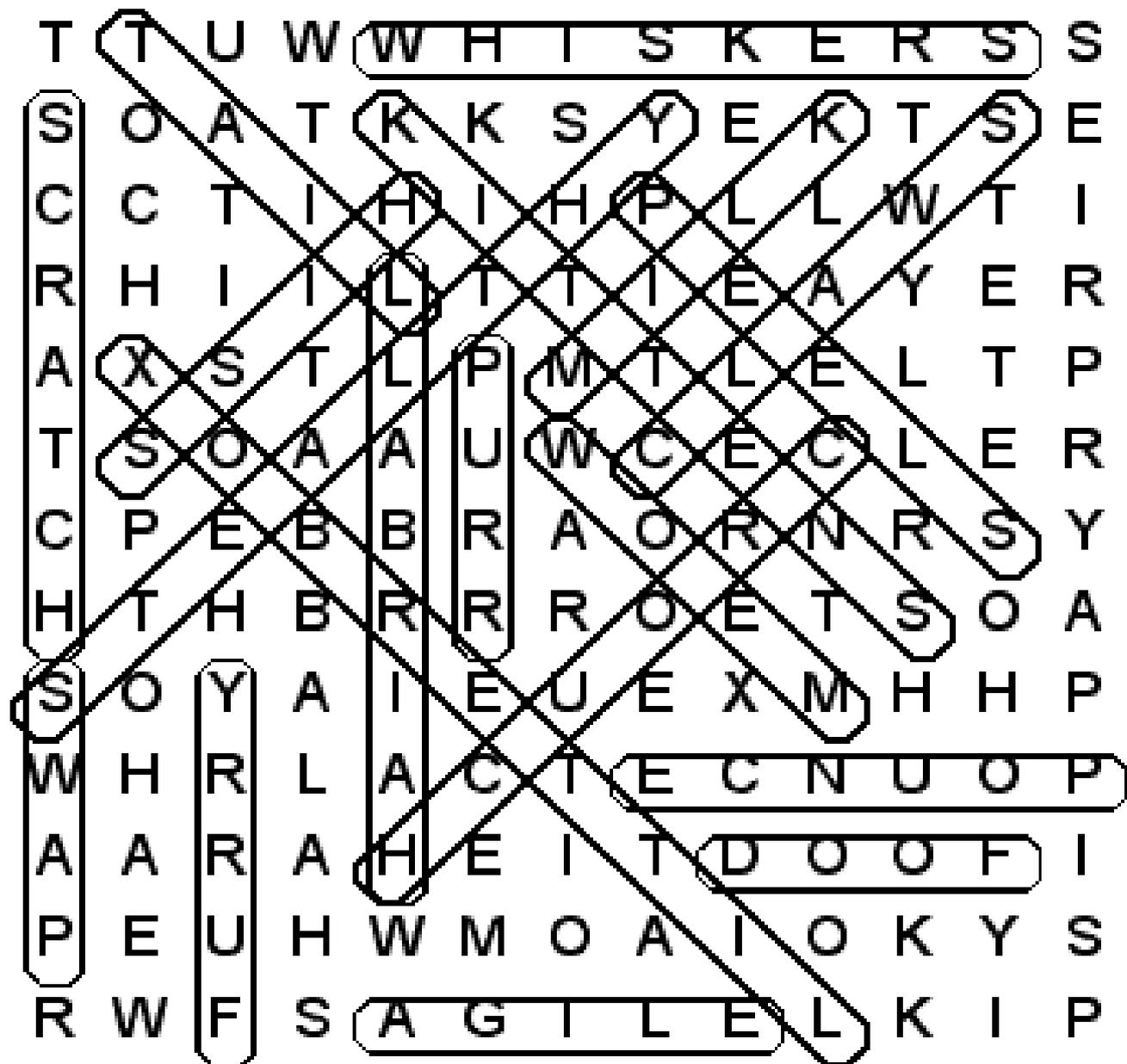
AGNES FLEMING  
BARNEY  
BEADLE  
BLATHERS  
BOLTER  
BRITTLES  
BROWNLOW  
BULL'S-EYE  
BUMBLE  
CHARLEY BATES  
CHARLOTTE  
COACH  
COURT  
DICKENS  
DOCTOR

DODGER  
DUFF  
FAGIN  
GALLOWS  
GAMFIELD  
GILES  
GRIMWIG  
GRUEL  
HANDKERCHIEF  
HARRY MAYLIE  
HOUSEBREAKER  
INHERITANCE  
JAIL  
LEEFORD

LIMBKINS  
LOCKET  
LONDON  
LOSBERNE  
MAGISTRATE  
MONKS  
MR. FANG  
MRS. BEDWIN  
MRS. CORNEY  
MRS. MANN  
NANCY  
NOAH  
OLD SALLY  
OLIVER TWIST

ORPHAN  
PICKPOCKET  
PISTOL  
ROSE MAYLIE  
SIKES  
SOWERBERRY  
SURGEON  
TOBY CRACKIT  
TOM CHITLING  
TRAPS  
UNDERTAKER  
WAISTCOAT  
WILL  
WORKHOUSE

# Solution to the Cat word search



AGILE

CLAWS

CROUCH

FOOD

FURRY

HAIRBALL

HISS

KITTENS

LITTER BOX

MEOW

MILK

PAWS

POUNCE

PURR

SCRATCH

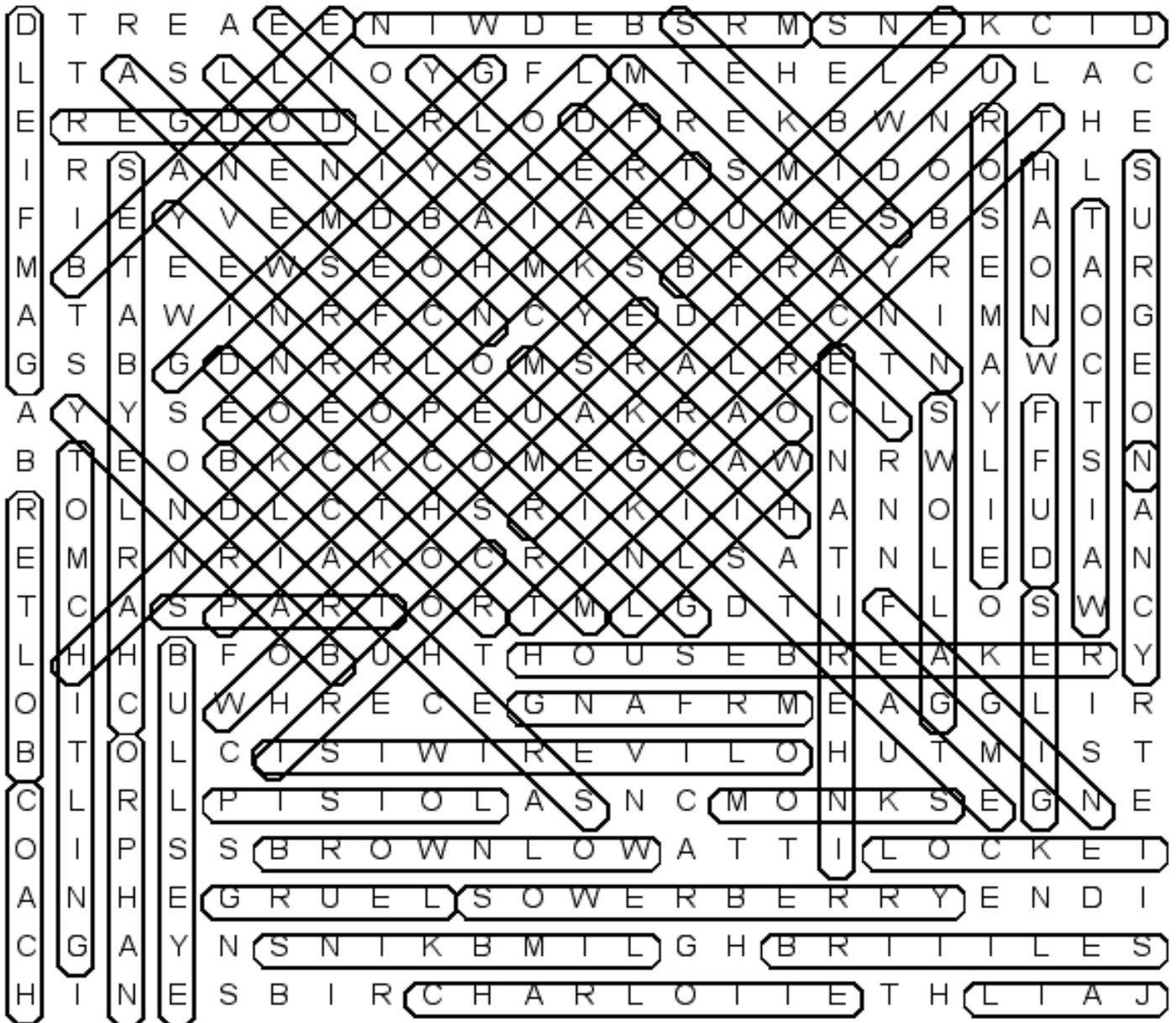
SLEEP

STEALTHY

TAIL

WHISKERS

# Solution to the Oliver Twist word search



- |               |              |              |              |
|---------------|--------------|--------------|--------------|
| AGNES FLEMING | DODGER       | LIMBKINS     | ORPHAN       |
| BARNEY        | DUFF         | LOCKET       | PICKPOCKET   |
| BEADLE        | FAGIN        | LONDON       | PISTOL       |
| BLATHERS      | GALLOWES     | LOSBERNE     | ROSE MAYLIE  |
| BOLTER        | GAMFIELD     | MAGISTRATE   | SIKES        |
| BRITTLES      | GILES        | MONKS        | SOWERBERRY   |
| BROWNLOW      | GRIMWIG      | MR. FANG     | SURGEON      |
| BULL'S-EYE    | GRUEL        | MRS. BEDWIN  | TOBY CRACKIT |
| BUMBLE        | HANDKERCHIEF | MRS. CORNEY  | TOM CHITLING |
| CHARLEY BATES | HARRY MAYLIE | MRS. MANN    | TRAPS        |
| CHARLOTTE     | HOUSEBREAKER | NANCY        | UNDERTAKER   |
| COACH         | INHERITANCE  | NOAH         | WAISTCOAT    |
| COURT         | JAIL         | OLD SALLY    | WILL         |
| DICKENS       | LEEFORD      | OLIVER TWIST | WORKHOUSE    |
| DOCTOR        |              |              |              |

The hidden sentence is: TREATS OF THE PLACE WHERE OLIVER TWIST WAS BORN AND OF THE CIRCUMSTANCES ATTENDING HIS BIRTH



## **Residents Contributions**

We are very excited to have a group of residents that have decided to submit articles of interest for  
The Happy Whisperer.

We hope you enjoy their contributions and we would like to thank them for their outstanding efforts in putting their articles together to share with us all!

### **Help Needed...**

The Auxiliary needs help on Market Days (second Saturday of each month) to transport trestle's, gazebo's and goods for sale. e.g. books, crafts & hanging equipment from Bolton Hall in Epping Street to Duck, Duck Goose & Larder site at the corner of Ebdon & Piper Streets from 8am and returning again at 12.30 – 1pm.

Anyone who could help with transport and physical help please contact our President, Rhonda on 0429 418 018.



While working for an organisation that delivers lunches to elderly people, I used to take my four-year-old daughter on my afternoon rounds. She was unfailingly intrigued by the various appliances of old age, particularly the canes, walkers and wheelchairs. One day, I found her staring at a pair of false teeth soaking in a glass. As I braced myself for the inevitable barrage of questions, she merely turned and whispered, "The tooth fairy will never believe this!"

A horse walks into a bar one day.  
The bartender says: "Hey."  
The horse says: "You read my mind!"

A man was walking along the beach when he tripped over a lamp. He turned around angrily and kicked the lamp. Seconds later, a genie popped out of the lamp.

The genie said, "Although you kicked me, I still have to give you three wishes. However, because of what you did, I will also give twice what you wish for to the person you hate the most: your boss."

So the man agreed and made his first wish. "I want lots of money", he said. Instantly, \$22 million appeared in the man's bank account and \$44 million in the account of his boss. For his second wish, the man wished for several sports cars. Instantly, a Lamborghini, Ferrari and Porsche appeared in front of him. At the same time, two of each car appeared outside the boss' house.

"This is your last wish," the genie said, "so choose carefully;" and to this, the man replied, "I've always wanted to donate a kidney..."



### **Magazine Request**

**Volunteer Myra Barnett is in charge of the reinstated Magazine Trolley, news that will be popular with Residents we feel sure.**

**Donations of magazines that would be of particular interest to Men: golfing, cars, racing, agricultural, current affairs, would be appreciated.**

### **RM Begg Auxiliary Shop Trolley**

Please note with the start of the new year there has been a change to the days and wings of the roster.

Auxiliary members will be bringing the mobile shop trolley to residents in their rooms between 12.45 – 1.45pm.

Monday: Barfold-Betty C, Susan or Lyn

Tuesday: Pastoria-Yvonne or Rhonda

Wednesday: Cobaw-Rheita or Diane

Friday: Sidonia-Maureen & Barbara or Rosemary & Ian

Shop in Barfold/Cobaw activities area is open 5 days a week

Monday – Friday from 12.30 – 1.30pm.

# Lauriston Lifestyle Planner

May-19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Please Note</u> Lauriston Program may include - massage, walking, sensory session, exercises, games, art, music/sing a long,</p>		<p>9.30 Exercises (Barfold) 11.00 Lauriston program 11.00 1:1 Programs 3.30 Anglican Church (B) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 10.30 Knitting (Barfold) 11.00 Music DVD (S) 2.00 Mixed Bag 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Lauriston Program 4.00 Individual programs</p>
<p>9.30 Exercises (Barfold) 11.00 Sing a long (B&amp;C) 2.00 Mixed Bag (L) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Music Program 1.15 Activity Meeting (B) 2.00 Bingo (Barfold) 4.00 Individual programs</p>	<p>9.30 catholic service (B) 9.30 Exercises (Barfold) 10.45 Piano Accordion (B) 11.00 1:1 Programs 1.30 Bowls (B) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Music DVD (S) 11.45 Men's BBQ 2.00 Tom Martin (S) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Music Program 2.00 Mother's Day Concert Crooners Duet (Sidonia)</p>
<p>9.30 Exercises (Barfold) 11.00 Sing a long (B&amp;C) 2.00 Mixed Bag (L) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Music Program 1.30 Bingo (Barfold) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Lauriston program 11.00 1:1 Programs 3.30 Anglican Church (B) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Music DVD (S) 12.00 Whole Facility BBQ 2.00 Mixed Bag 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Lauriston program 11.30 RSL Lunch Outing 4.00 Individual programs</p>
<p>9.30 Exercises (Barfold) 11.00 Sing a long (B&amp;C) 2.00 Mixed Bag (L) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Music Program 1.30 Bingo (Barfold) 4.00 Individual programs</p>	<p>9.30 catholic service (B) 9.30 Exercises (Barfold) 11.00 Lauriston program 11.00 1:1 Programs 1.30 Bowls (B) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 10.30 Knitting (Barfold) 11.00 Music DVD (S) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Music in Lauriston 1.30 Drive in Bus weather permitting 4.00 Individual programs</p>
<p>9.30 Exercises (Barfold) 11.00 Sing a long (B&amp;C) 2.00 Mixed Bag (L) 3.30 Uniting Church (P) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Music Program 1.30 Bingo (Barfold) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Lauriston program 11.00 1:1 Programs 1.30 Bowls (B) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 10.30 Knitting (Barfold) 11.00 Music DVD (S) 4.00 Individual programs</p>	<p>9.30 Exercises (Barfold) 11.00 Music Program 4.00 Individual programs</p>

\*1:1 Activities Daily

S & P - SIDONIA & PASTORIA

B & C-BARFOLD & COBAW

L & L-LAURISTON & LANGLEY

# Lifestyle Program

May-19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 9.30 Exercises (Barfold) 10.45 Quiz Challenge (B) 11.00 Lauriston Program 1.30 Cooking with Leni (L) 1.30 Bowls (Barfold) 2.00 1:1 music sessions 2.00 Lauriston Program 2.00 Simon's iPad program(S) 3.30 Anglican Church (B) 3.30 Tai Chi (Sidonia) 4.00 Individual Programs	2 9.30 Exercises (Barfold) 10.30 Painting Group (S) 10.30 Knitting Group (B) 11.00 Music DVD (Sidonia) 1.30 DVD in Sidonia 2.00 Old Times with Old Friends (Sidonia) 2.00 Mosaic Project (L) 2.00 Mixed Bag (Langley) 4.00 Individual Programs	3 9.30 Exercises (B&C) 10.30 Craft with Monika (S) 11.00 Lauriston Program  11.30 RSL Lunch outing (Limited Seats)  1.30 DVD in Sidonia 2.00 Bingo (Langley) 4.00 Individual Programs
6 9.30 Exercises (Barfold) 10.30 Craft with Monika (S) 11.00 Sing a long (Barfold)  1.30 Mind Games (Pastoria) 2.00 Mixed Bag Program (Lauriston)  4.00 Individual Programs	7 9.30 Exercises (Barfold) 10.30 Painting with Emma (S) 10.45 Meditation (Cobaw) 11.00 Music in Lauriston  1.15 Activity Meeting (B) 1.30 DVD in Sidonia 2.00 Bingo (Barfold) 2.00 Jewellery Stall (S) 4.00 Individual Programs	8 <b>International Day</b> 9.30 Catholic service (B) 9.30 Exercises (Barfold) 10.45 Laurie & his piano accordion (Barfold)  1.30 Cooking with Leni (L) 1.30 Bowls (Barfold) 2.00 Simon's iPad program 3.30 Tai Chi (Sidonia) 4.00 Individual Programs	9 9.30 Exercises (Barfold) 10.30 Painting Group (S) 10.30 Knitting Group (B) 11.00 Music DVD (Sidonia) 11.45 Men's BBQ (Langley) 2.00 Mosaic Project (L) 2.00 Tom Martin (Sidonia)   4.00 Individual Programs	10 9.30 Exercises (Barfold) 10.45 Meditation (Pastoria) 10.30 Craft with Monika (S) 11.00 Music in Lauriston  2.00 Mother's Day High Tea & Entertainment The Crooners Duet(Sidonia)  
13 9.30 Exercises (Barfold) 10.30 Craft with Monika (S) 11.00 Sing a long (Barfold)  1.30 Mind Games (Pastoria) 2.00 Mixed Bag Program (Lauriston)  4.00 Individual Programs	14 9.30 Exercises (Barfold) 10.30 Painting with Emma (S) 10.45 Meditation (Cobaw) 11.00 Music in Lauriston  1.30 DVD in Sidonia 1.30 Bingo (Barfold)  2.00 The Chat Room (Cobaw) 4.00 Individual Programs	15 9.30 Exercises (Barfold) 11.00 Quiz Challenge (P) 11.00 Lauriston program 1.30 Cooking with Leni (L) 1.30 Bowls (Barfold) 2.00 Simon's iPad program(S) 2.00 Lauriston Program 3.30 Tai Chi (Sidonia) 3.30 Anglican Church 4.00 Individual Programs	16 9.30 Exercises (Barfold) 10.30 Painting Group (S) 10.30 Knitting Group (B) 11.00 Music DVD (Sidonia) 12.00 Whole Facility BBQ (served in each wing) 1.30 DVD in Sidonia 2.00 Mosaic Project (L) 2.00 BOBs (Barfold) 4.00 Individual Programs	17 9.30 Exercises (Barfold) 10.30 Craft with Monika (S) 11.00 Lauriston Program  11.45 RSL Lunch outing (Limited Seats)  1.30 DVD in Sidonia 4.00 Individual Programs

# Lifestyle Program

May-19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
9.30 Exercises (Barfold) 10.30 Craft with Monika (S) 11.00 Sing a long (Barfold)  1.30 Mind Games (Pastoria) 2.00 Mixed Bag Program (Lauriston) 3.00 Heather's High tea (Group 2) in Sidonia 4.00 Individual Programs	9.30 Exercises (Barfold) 10.30 Painting with Jo (S) 10.45 Meditation (Cobaw) 11.00 Music in Lauriston  1.30 DVD in Sidonia 1.30 Bingo (Barfold)  2.00 Orientation for OLR students 4.00 Individual Programs	9.30 Catholic service (B) 9.30 Exercises (Barfold) 10.45 Photographic Presentation By Jo (B/Room) 11.00 Lauriston Program 1.30 Cooking with Leni (L) 1.30 Bowls (Barfold) 2.00 Simon's iPad program(S) 3.30 Tai Chi (Sidonia) 4.00 Individual Programs	9.30 Exercises (Barfold) 10.30 Painting Group (S) 10.30 Knitting Group (B) 11.00 Music DVD (Sidonia)  2.00 Volunteers Afternoon Tea (Sidonia)  	9.30 Exercises (Barfold) 10.30 Craft with Monika (S)  10.45 Floral Art (Barfold) 11.00 Music in Lauriston  1.30 DVD in Sidonia 1.30 Drive in the bus (weather permiting) 4.00 Individual Programs
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
9.30 Exercises (Barfold) 10.30 Craft with Monika (S) 11.00 Sing a long (Barfold)  1.30 Mind Games (Pastoria) 2.00 Mixed Bag Program (Lauriston) 3.30 Uniting Church (Pastoria) 4.00 Individual Programs	9.30 Exercises (Barfold) 10.30 Painting with Jo (S) 10.45 Meditation (Cobaw) 11.00 Music in Lauriston  1.30 DVD in Sidonia 1.30 Bingo (Barfold) 2.00 OLR students in Barfold Talk about school days 2.00 The Chat Room (Cobaw) 4.00 Individual Programs	9.30 Exercises (Barfold) 10.45 Choir Practice (B) 11.00 Lauriston Program 11.00 Individual Programs (L)  1.30 Cooking with Leni (L) 1.30 Bowls (Barfold) 2.00 1:1 music sessions 2.00 Simon's iPad program(S) 3.30 Tai Chi (Sidonia) 4.00 Individual Programs	9.30 Exercises (Barfold) 10.30 Painting Group (S) 10.30 Knitting Group (B) 11.00 Music DVD (Sidonia)  1.30 Bulidings of the Town Tour Group Two 2.00 Mosaic Project (L) 2.00 BOCCE (Barfold) 4.00 Individual Programs	9.30 Exercises (Barfold) 10.30 Myra's Magazine Trolley 10.45 Meditation (Pastoria) 11.00 Music in Lauriston  1.30 Out for afternoon Tea (location TBA) (Limited Seats) 4.00 Individual Programs

**CHURCH SERVICE EVERY SUNDAY AT 6PM IN BARFOLD COSY RETREAT**

# RM Begg Services

Laundry  
Meals  
Cleaning  
Personal Care  
Pastoral Care  
Hairdressing  
Happy Whisperer Newsletter

## Visiting Allied Health Professionals

Counselling, Activities (in house and External)  
Visiting Psychologist  
Diabetes Educator  
Social Worker  
Speech Pathologist  
Clinical Care  
Contenance Management  
Wound Management  
Palliative Care  
Podiatry  
Physiotherapist  
Dietician  
Specialists  
Accredited Pharmacist  
Consulting GP's  
Aged Persons Mental Health Team  
Dental Van

## Support provided by

Palliative Care Team  
District Nursing Service

