Tuesday July 7th 2015
2pm.... 3-30pm
In
SIDONIA ACTIVITIES AREA
Kerry will show her array of Specialty Teas.... All for sale.
Tea/Coffee and Scrumptious Scones will be served in and on
Superb Crockery of a bygone era.
Come along and enjoy this “High Tea”

Residents Activity Committee Meeting
Tuesday 7th July @ 10.45am,
Barfold/Cobaw Cosy Retreat
Thinking of You...
Our love and thoughts are with the Merrigan & Cheney family and friends with the recent passing of Dulcie & Phyllis. They will be sadly missed by all at RMB.

Special Events
- Wed 1st - Dine & Dance Outing Bus leaving 11.00am
- Fri 3rd - “Winter Wonderland Dance – Andy Dee Entertainer 2.pm Sidonia/Pastoria.
- Tues 7th - “A Time for Tea” – Auxiliary High Tea 2pm Sidonia/Pastoria
  Oliver on the piano 2pm Barfold/Cobaw.
- Mon 13th - U3A Choir practice 3pm Barfold/Cobaw.
- Fri 17th - RSL Lunch Bus Leaving 11.45am.
- Tues 21st - Guest Speaker Lydia Beshara Horticulturalist 2pm Barfold/Cobaw.
- Thurs 23rd - Our Lady of the Rosary Primary school children Orientation 2pm. Barfold/Cobaw.
- Fri 24th - Morning Music “Back to Broadway” @ Town Hall Bus Leaving 10.30am.
- Mon 27th - U3A Choir practice 3pm Barfold/Cobaw.
- Tues 28th - Baptist Singers 2.30pm Barfold/Cobaw.
- Thurs 30th - Movie Session in the Board Room 1pm.
- Fri 31st - Museum Kit “In the Shed” with Jenny 1.30pm Barfold/Cobaw.

Sunday Church Service 6pm
- 5th - Greg Bland with music by Marj Williams.
- 12th - John & Jeanne VanGronigan with music by Jeanne VanGronigan.
- 19th - Ray Young & Leanne Coventry with music by John Coventry.
- 26th - Tim & Viv Penny & Children with music by Elizabeth Harvey.

Residents who usually attend the Uniting Church Service on the 1st Thursday of the month are very welcome to attend the Anglican Church service on the 1st and 3rd Wednesdays of the month until we know when the Uniting service will resume. There is also the Ecumenical Service at 6pm every Sunday night in Barfold/Cobaw Activity area.
Podiatrist visits
Tuesday 7th, 21st & 28th July.
Library visit
Wednesday 1st & 22nd July @ 1pm.
Library is in Sidonia / Pastoria Activity area.
We are also trailing a trolley for library.

RM Begg Auxiliary Shop Trolley
Auxiliary members will be bringing the mobile shop trolley to residents in their rooms between 12.30 – 1.30pm.
Monday: Cobaw - Heather Mitchell
Tuesday: Sidonia - Lorraine or Rhonda
Wednesday: Barfold - Betty or Noel
Thursday: Langley - Yvonne or Rheita
Friday: Pastoria - Aileen or Meg
Shop in Cobaw activities area is open 5 days a week
Monday – Friday from 12.30 – 1.30pm.

Guest Speaker Series
We are currently developing a guest speaker series and we would like to hear from anyone who may be interested in talking about the following:
Interesting Occupations, Lost Trades, Farming, Animals, Travels, Retail (specialty shops) etc
**Residents**
2nd-Phillip Johnston  
3rd-Joyce Ferguson  
10th-Gerard McCarthy  
13th-Doreen Willis  
15th-Mary Phillips  
16th-Fred Richardson  
19th-Peter Doyle  
23rd-Beatrice Pickersgill  
25th-Gerard Scully  
28th-Betty McMeekin

**Staff**
11th-Linda Ford  
11th-Steph Gamble  
12th-Michelle Moloney  
13th-Nick Mayhew  
13th-Debra Peake  
16th-Valme Smoors  
18th-Vicki Wilson  
20th-Judy Aldred  
20th-Andrea Ellis  
20th-Sonya Murray  
21st-Leeann Cox  
27th-Colleen Wallace  
31st-Cheryl Gamble

**RM Begg Cookbook.**
We are very excited that our long awaited cookbook has arrived from the printers! Cost is $30.00. They are available from reception at RMB. Thank you to everyone involved with putting it together it has been well worth the wait!
Thank you to everyone who has generously donated magazines over the past few months. Our magazine trolley is going really well, we have enough magazines at the moment.

Relay For Life
We will be entering a Relay for Life team again this year. It would be great to get a strong team together including lots of staff, residents, families and volunteers.
Please see Amanda or Nicky if you are interested in being the Team Captain.
Relay for Life will be held on 31st October 2015.

We welcome new resident Mrs. Beverly Coutts
We hope you are settling in well!

Q: Why did the ants dance on the jam jar?
A: The lid said, "Twist to open."
How Old is Malcolm, His Dad and Grandfather?

Q: Malcolm is the number of weeks of his father’s age treated as days and his grandfather’s age in months. All three of their ages add up to 120 years. How old is Malcolm, his father and his grandfather?

A: Malcolm is 6.
The father is 42. 42 days = 6 weeks.
The grandfather is 72. 72 months = 6 years.

ON THIS DAY........ JULY

1st – Singer John Farnham was born in 1949.
4th – Australian aviator, Charles Kingsford Smith completed the first London to New York flight in 1930.
5th – The postcode system is first introduced in Australia in 1967.
8th – Tennis star Margaret Court was the first Australian to win the Wimbledon Women’s Singles Title in 1963.
11th – Snow fell on Uluru (Ayers Rock) for the first time in living memory in 1997.
12th – Australian women received the right to vote on this day in 1902.
15th – Commonwealth Bank opened its doors for the first time in 1912.
16th – John Duigan flew the first Australian made aeroplane in 1910.
18th – Australian cricketer Dennis Lillee was born in 1949.
19th – Uluru (Ayers Rock) was discovered by W.C Grosse in 1873.
20th – Gold is discovered in Castlemaine, Vic in 1851.
26th – Prime Minister, John Howard was born on this day in 1939.
28th – Famous Aboriginal artist Albert Namatjira was born in 1902.
30th – The Catastrophic landslide struck the ski village of Thredbo in 1997. Stuart Driver was the only survivor.

How many of these do you remember ???
Across
1. Resembling or characteristic of a fox (7)
4. Grains used for food and animal fodder (4)
7. The swiftest mammal (7)
9. Large African antelope (3)
10. Bird shelter (4)
11. Male goose (6)
13. Hound with short legs and long ears (6)
14. Young of domestic cattle (6)
17. Venomous snake of northeastern Australia (6)
18. Small biting insect (4)
21. Nocturnal bird (3)
22. Deciduous horns of a deer (7)
23. Colony insects (4)
24. Cats (7)

Down
1. Female fox (5)
2. Migratory grasshoppers (7)
3. Wild mountain goat (4)
4. Snake or serpent (8)
5. Large endangered forest animal (5)
6. Small donkeys used as pack animals (6)
8. Short-necked river duck (4)
12. Large long-winged warm-water seabirds (8)
13. Large monkey with doglike muzzle (6)
15. Deer meat (7)
16. Male red deer (4)
17. Claw (5)
19. Tailless stout-bodied amphibians (5)
20. Marine mammal (4)
AUSTRALIAN TRIVIA

Sport
1. Which horse won the Melbourne Cup in 2002?
2. What was Sir Donald Bradman’s batting average?
3. Who is Australia’s only Formula One driver?
4. Who won the Brownlow Medal in 2003?
5. Who was the most recent Australian to win the men’s singles title at Wimbledon?
6. Which Australian was named the most valuable player in the US’s WNBA?
7. Which Australian has won the FIM World Motorcycle Championship 5 times?
8. How many gold medals did Australians win at the 2002 Winter Olympic Games?
9. Of our Australian male swimmers, who has won the most

There are castles for sale in France cheaper than old two bedroom apartments in Australia.
Olympic gold medals?
10. What Australian company is the largest surf wear manufacturer?

Answers
1. Media Puzzle
2. 99.94
3. Mark Webber
4. Mark Ricciuto, Nathan Buckley, Adam Goodes
5. Lleyton Hewitt
6. Lauren Jackson
7. Michael Doohan
8. 2 – Steven Bradbury and Alisa Camplin
9. Murray Rose
10. Quicksilver

Arts and Literature
1. Who designed the Sydney Opera House?
2. How many albums did the late slim Dusty record?
3. Who painted the Nebuchadnezzar series?
4. Who wrote “Cloudstreet”? 
5. In what year did the Australian National Gallery open?
6. Which band has received an Australian of the Year Award?
7. Who was the first Australian to win the Booker Prize?
8. Who was the subject of the 2003 Archibald Prize winning portrait?
9. Who is the lead singer of Silverchair?
10. Who has an award-winning album is titled Barricades and Brickwalls?

Answers
1. Joern Utzon
2. 103
3. Arthur Boyd
4. Tim Winton
5. 1982
6. The Seekers
7. Thomas Keneally
8. Richard Flanagan
9. Daniel Johns
10. Casey Chambers

Eskimos are very good hunters, but they never hunt penguins.

Why not?
Eskimos live at the North Pole, penguins at the South Pole.
Our Giving Appeal was launched in January 2012 for donations towards costs of building our new facility.

Total $760,152

All donations that we receive are greatly appreciated and we thank everyone for their contributions.

FUNDRAISING

Thank you to those who have made donations

Our total so far is

$70,454

Our fundraising efforts for our new facility are now growing.

If you would like to make a donation please complete the form below and return to our CEO Sarah Collier, RM Begg Kyneton Aged Care Inc

YES I want to make a gift of $_______ to RM Begg Kyneton Aged Care

Please find my cheque/cash enclosed.

Name_____________________ Address ___________________________

________________________ Postcode________ Ph________________

Email_________________________
Answers to the puzzle

Quote of the Month...
Evening news is where they begin with “Good evening,” and then proceed to tell you why it isn’t.
Anonymous
SUGGESTIONS

The suggestions slip can be used to give suggestions about anything at all! We still have our Comments/Complaints form that you can use if you want to. We thought that the suggestion slip would be convenient attached to the newsletter and you could jot down any ideas that you may have. Please fill out this form & drop it in to one of the suggestion boxes. There is one in the Coffee Shop near Reception & one in each wing TV/ lounge room.

Email Program

Amanda our Activities Coordinator has started an email program for residents with family members that live interstate or overseas. This will enable regular email communication. If you are interested please see Amanda or send your contact details to activites@raymbegg.org.au
# Lauriston Events - July 2015

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*Note: Activities may be subject to change according to need.*

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*1:1 Activities Daily

B & C-BARFOLD & COBAW

L & L-LAURISTON & LANGLEY

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<td>10.45 Sing a long(B&amp;C)</td>
<td>10.45 Residents Activity Meeting (B&amp;C cosy retreat)</td>
<td>10.45 Art for Fun (S&amp;P)</td>
<td>10.30 Busy Fingers (B&amp;C)</td>
<td>10.30 Scrabble (B&amp;C)</td>
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<td>2.00 Mind games (B&amp;C)</td>
<td>10.45 Painting with Val (S&amp;P)</td>
<td>10.45 Bowls (B&amp;C)</td>
<td>10.30 Knitting group (S&amp;P)</td>
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<td>Bingo with Pat &amp; Lyn</td>
<td>2.00 'A Time for Tea'- High Tea with the Auxillary (S&amp;P)</td>
<td>2.00 Bowls (B&amp;C)</td>
<td>11.00 Billiards (S&amp;P)</td>
<td>2.00 Winter Wonderland Dance - Andy Dee Entertainer (S&amp;P)</td>
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<td>2.00 Oliver on the piano (B&amp;C)</td>
<td>2.00 1:1 music sessions (B&amp;C)</td>
<td>1.00 Volunteer visiting</td>
<td>2.00 BOBs (B&amp;C)</td>
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<td>1.30 Scrabble (S&amp;P)</td>
<td></td>
<td>1.00 Volunteer visiting</td>
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<tr>
<td>2.00 Langley Program - Bingo with Pat &amp; Lyn</td>
<td>1.30 BOCCE (B&amp;C)</td>
<td></td>
<td>1.00 Movie in the Boardroom</td>
<td></td>
</tr>
<tr>
<td>3.00 U3A choir Practice (B&amp;C)</td>
<td>2.00 Langley Program - Music with Jo</td>
<td></td>
<td>2.00 Bingo (B&amp;C)</td>
<td></td>
</tr>
<tr>
<td>2.30 Baptist Singers (B&amp;C)</td>
<td>2.30 Baptist Singers (B&amp;C)</td>
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</table>

**CHURCH SERVICE EVERY SUNDAY AT 6PM IN BARFOLD / COBAW ACTIVITY AREA**

*1:1 Activities Daily  B&C = BARFOLD & COBAW  S&P = SIDONIA & PASTORIA  L & L-LAURISTON & LANGLEY*
RM Begg Services

Laundry
Meals
Cleaning
Personal Care
Pastoral Care
Hairdressing
Happy Whisperer Newsletter

Visiting Allied Health Professionals

Counselling, Activities (in house and External)
Visiting Psychologist
Diabetes Educator
Social Worker
Speech Pathologist
Clinical Care
Continence Management
Wound Management
Palliative Care
Podiatry
Physiotherapist
Dietician
Specialists
Accredited Pharmacist
Consulting GP’s
Aged Persons Mental Health Team
Dental Van

Support provided by

Palliative Care Team
District Nursing Service